

LEGACY BULLETIN

Legacy Senior Living - The Leo Wertman Residence

Volume 7 Issue 1 January 2019



Join us January 29th for "Cannabis as a Medicine" Presentation

Is Legalization of Recreational Cannabis Limiting Access for Medical Cannabis Users?

Access to recreational cannabis was legalized in October 2018 in Canada however access to cannabis for medical purposes has been legally accessible since 2001.

One of the government's principal objectives in legalizing recreational pot was to provide "access to quality-controlled cannabis for medical purposes."

According to a recent report by CTV News, medical cannabis users have complained that, since Oct. 17, they've experienced persistent product shortages and shipment delays.

Users of medical cannabis can only buy products from specific licensed producers to have costs covered by their health insurance. When their preferred product is not available, they either have to go without, or pay out of pocket for products from a recreational pot retailer. Health Canada has admitted to localized shortages since legalization and expect the shortages to continue for months. Will this shortage also drive prices up for medical cannabis patients? *Join us January 29th for an Informative Presentation from Canadian Cannabis Clinics. See Page 2.*

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Inside This Issue

- Legalization of Recreational Cannabis Limiting Access Editorial
- January 8th: Chasing Away the Winter Blues
- January 15th: Healthy Aging Study - Insights from "Super Seniors"
- January 29th:
 Cannabis as a Medicine



Call Kathleen to Book Your Tour Today!

604.240.8550

www.legacyseniorliving.com

Legacy Senior Living - 611 West 41st Avenue, Vancouver, BC V5Z 0C7

January Learning Sessions

January 8th - 2:30 pm to 3:30 pm Chasing Away the Winter Blues

Presented by Joan Parise, Home Instead Senior Care



Suffering from winter or postholiday blues? Learn about the symptoms, strategies for dealing with depression and how to promote a happy mind and spirit in yourself and others. *Pre-register by January 6th to 604.240.8550.*

January 15th - 2:30 pm to 3:30 pm

Healthy Aging Study: What Can Super Seniors Tell Us About Healthy Aging & Genetics?

Presented by Angela Brooks-Wilson PhD.



The Healthy Aging Study investigates exceptionally healthy elderly individuals we call 'Super Seniors' to gain insight into how genetics and other factors influence healthy aging. Pre-register by January 13th to 604.240.8550.

January 29th - 2:30 pm to 3:30 pm Cannabis As a Medicine

Presented by Michael Murchison, Western Regional Manager & Senior Counsellor, Canadian Cannabis Clinics



Canadian Cannabis Clinics will be giving an educational presentation on Cannabis as a medicine; its medical benefits and risks; the Cannabis Act, the current regulations for adult sale and use of

Cannabis, particularly for medical Cannabis; how a medical Cannabis clinic works and how patients can potentially access medical Cannabis legally. *Pre-register by January 27th to* 604.240.8550.

About Us

Legacy Senior Living was conceived as a tribute to Leo Wertman, who, in 1960, founded the business that would grow to become The Wertman Group of Companies.

Our goal is to create an outstanding residence in Leo's honour right here in the heart of Vancouver.

A place where seniors can stay active and involved, living creative and fulfilling lives. A place where great food, friendships, culture, and thoughtful living spaces come together as the ideal lifestyle community.

Contact Us

Legacy Senior Living 611 West 41st Avenue Vancouver, BC V5Z 0C7 Now Open!

Tel: 604.240.8550 www.legacyseniorliving.com

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