

Having problems with your cell phone, computer or other devices? Stop by the theatre on



Tuesday, January 5th from 1:00pm to 1:45pm. Francisco will be doing one-on-one sessions offering guidance and answering questions about technology.

Our first Men's Club group activity was a big success! Gentlemen, join us for our next



session on **Tuesday, January 12th at 1:00pm.**

It will be a blast!

Interested in staying active and doing it at home?

Come to our information session "Live Well, Age Well" on

Thursday, January 14th at 2:00pm and learn some tips on how to do it.



Pajamas ALL DAY! Staff and residents are encouraged to wear their pj's on **Wednesday, January 13th.** The winner for best pajamas will be announced at happy hour. Have fun!

BOOK CLUB ALERT!



They say that reading is a passport to countless adventures. Legacy Senior Living, along with the Vancouver Public Library Foundation, is putting together a book club for all those who are avid readers. It is starting on **Thursday, January 21st at 3:00pm** and it will include author talks, Q&A sessions and chats. If you want to sign up or get more details, please stop by Francisco's office.

We are bringing back our very popular "Guess the Legacy Baby" game. Come to the Lounge Area on **Thursday, January 28th at 2:00pm** and vote for the cutest baby.



You asked for it and we brought it to you! Suzanne will be starting a Ladies Club. Join the first group activity on

Sunday, January 31st at 2:00pm.



Concerts to look forward to:

- Scottish Bagpipe Music by Joseph McDonald - Friday, January 8th at 2:00pm
- Cakewalk Band Performance - Friday, January 15th at 2:00pm
- Music Variations Performance - Friday, January 22nd at 2:00pm
- Oldies Music by Greg Alcock - Friday, January 29th at 2:00pm



Wine demo of the month:

- Wine + Cheese with Suzanne - Sunday, January 17th at 2:30pm
- (Sign up at the Concierge Desk. There are only 10 spots)



LEGACY INSIDER

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Enjoying January

Happy 2021 from the Legacy Team!

Let's turn some of these into our New Year's resolutions:

- Inspire someone
- Spend money on things that create memories
- Laugh every day
- Reconnect with an old friend
- Dance
- Be more awesome than last year



Rhoda Fabellar
Restaurant Supervisor

Here is my favourite quote. Take a minute to read it, think and reflect. Happy 2021!

"I hope that in this year to come, you make mistakes. Because if you are making mistakes, then you are making new things, trying new things, learning, living, pushing yourself, changing yourself, changing your world. You're doing things you've never done before, and more importantly, you're doing something. So that's my wish for you, and all of us, and my wish for myself. Make new mistakes. Make glorious, amazing mistakes. Make mistakes nobody's ever made before. Don't freeze, don't stop, don't worry that it isn't good enough, or it isn't perfect, whatever it is: art, or love, or work, or family, or life. Whatever it is you're scared of doing, do it. Make your mistakes, next year and forever."

