

Since the opening of Legacy, we have had a great turn-out for our group fitness classes. Every Tuesday, Thursday and Friday at 10:00 am we offer 'CrossFit Fun' classes which include strength training, core strengthening and circuit training. The activities are adaptable to each person's individual needs and has proven to be a great way to have fun, meet new people and get fit!



Starting Tuesday, September 2nd we will be having our chauffeur services 7 days a week from 10:00am-4:00pm. The service can bring you anywhere within our catchment area given 24 hours notice. If you need to go outside of our designated area, a minimum fee will apply, please see our Concierge for more details. For bookings, please see the concierge desk and we would be happy to arrange that for you.



Catchment Area map



General Manager, Walter Downey with Lawrence and Marina Au

Yoga With Chair by Annette Wertman

We are thrilled to offer 'Yoga with Chair' four times a week at Legacy all starting at 11:15am. Annette's schedule includes Monday and Wednesday classes. On Saturdays, the class is open to the community and Sundays is family yoga. For the weekend classes there is a drop-in fee of \$5.00 for our community and family guests which can be paid at the concierge desk. Please join us for a wonderful class, lead by the talented and experienced Annette. All skill levels are welcomed for this fit and fun exercise.



Giorgio Castiglioni
Lead Server,
Mixologist Extraordinaire

"Benvenuti"
"Welcome"

If you haven't already done so, be sure to visit Giorgio for a delicious cocktail. Giorgio is from the Northwest of Italy and he is the jack of all trades. He is a bartender, wine connoisseur and server to the stars! In Giorgio's experience he has served Robert Plant and the Royal Family. He is well travelled, a great conversationalist and he is able to teach you a bit of Italian. At Legacy, we have a range of exciting and interesting drinks to offer on our menu. Grab a drink and enjoy the musical entertainment that we have to offer or sit in one of our many lounge areas with your friends.



LEGACY INSIDER

Legacy Senior Living - The Leo Wertman Residence Newsletter

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LEGACY BLOCK PARTY EVENT

Our Legacy Block Party was held on Sunday, August 24th and we had a wonderful turnout of people! All of our guests were able to meet the staff and residents to see what makes Legacy truly unique. Everyone was treated to some tasty nibbles by our Executive Chef, Rob Cleland and his talented staff. There was everything from skewers, soft shell tacos, tempura salmon rolls and smokies and corn on the cob done on the BBQ.

Our guests were kept entertained by the talented, Korki the Clown which was followed by soothing jazz tunes from Peter Williams. Our Sales department was very busy giving tours and answering questions for all of the prospective residents. All in all it was an incredible day and everyone left with a full stomach and a smile on their faces.



General Manager
Walter Downey

"Thank you to all of our neighbours, staff and residents for making our recent neighbourhood block party such a success! We estimate about 100 people dropped in to say hello, share great food, a few good laughs and make some new friends along the way.

Our residents are settling in nicely and participating in daily activities and wellness programs. You can't hide from our Resident Program Manager & Crossfit trainer Julie Demers - she WILL find you! After all you can't eat all that great food and not participate. Right?

Final touch furnishings have arrived and the word is spreading - what a great place to call home!

- Walter Downey



Clockwise from left corner: Residents Harry & Effie Gordon, Executive Chef: Rob Cleland, Korki the Clown with resident Eva Yen and friends, residents: Lawrence Au, Marina Au, Eva Yen and Frances Canning enjoying food. Resident Susan Chan and a friend with their balloon corsages.

Legacy Senior Living - The Leo Wertman Residence, 611 W 41st Avenue