

Upcoming Events at Legacy

On **Thursday, November 5th at 2:00pm** MEDChair will be setting up in our Theatre Room with some of their medical home equipment. Their stock ranges from walkers, canes, grab bars, etc. Come by and see what they have to offer!



Hans Lin (R.Ph. B.Sc. B.Sc.Pharm.) from Medical Pharmacies will be coming to Legacy on **Monday, November 9th @ 2:00pm** to do an in-service on diabetes. The seminar will include a lot of helpful tips to take away, be sure to join.



We are extremely fortunate to have Barry Shell come to Legacy with his trio on **Remembrance Day at 2:00pm**. The trio will be doing a musical tribute to "The Force's Sweetheart- Vera Lynn." Songs will include favorites such as 'There'll always be an England', 'A nightingale sang in Berkeley square', 'White cliffs of Dover', 'We'll meet again', etc. You will not want to miss this show!

CoCo's Clothing will be coming on **Thursday, November 26th from 11:00am-3:00pm**.

CoCo's mobile clothing service has been serving seniors in the comfort of their own homes throughout the lower mainland and Vancouver Island for the past 18 years. They carry lines such as Tan Jay, Alia, Koret, Juli, 24K and many more.



SAS Comfort Shoes will be at Legacy for their first time on **Monday, November 30th from 1-4pm** to allow residents to browse, choose and be measured. On **Tuesday, December 1st** from 1-4pm they will be back for the final fitting and purchasing of shoes.



New In November

We want to welcome our new Chauffeur, Joesph Robert. He will be a great addition to our team and brings a lot of experience and personality to the position.

Starting in November, we will be adding in an extra bus shuttle day on alternating Mondays to go to London Drugs in Kerrisdale and Arbutus Mall which features a Dollarama, BC Liquor Store and Safeway.

Due to the new bus shuttle schedule we will be adding in some Outings on Tuesday's. If you have any suggestions please see Julie Demers, Resident Program Manager.



The Friday CrossFun Core exercises has now been moved to Monday mornings. Please keep an eye on your calendar for updated dates and changes.



LEGACY INSIDER

Legacy Senior Living - The Leo Wertman Residence Newsletter

Volume 3 Issue 11 November 2015

Random Act of Kindness with King David High School

We are so thrilled to have formed a partnership with **King David High School** for an intergenerational program. Starting on Friday, November 13th the students from King David will be coming to Legacy for their Random Act of Kindness (R.A.K) program. During the week the students will be contributing to the community by helping others. Their volunteering time will teach them appreciation and respect for others, and shift their focus outwards. Each day they will be coming between 1:00-3:00pm to do an activity, musical performance or lesson with the residents. Please be sure to join this fantastic program and help the students feel welcomed at Legacy.



General Manager
Walter Downey



"We have been hearing a lot of feedback lately about the availability of the car service. We want to ensure that all of our residents have a fair chance of using the service. Enclosed is a notice highlighting some of the suggestions and changes we will be implementing starting November 1st.

We value everyone's cooperation and support in helping us find a solution. If you have any questions please see myself or the Concierge desk. We look forward to continue offering this service to our residents! Have a fantastic Autumn and don't forget to turn your clocks back Nov. 1st.

-Walter Downey