NOVEMBER 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Bidle Cotts-08	COTES ON APPLICATE COMPANY OF THE PROPERTY OF			11:15am Ageless Yoga with Annette- Community PERK Activities with Rosemary 6:30pm Trivial Pursuit
11:15am Ageless Yoga with 2 Annette- Family 2:00pm Bridge 7:30pm Various Card Games	11:15am Ageless Yoga with 3 Annette 12:15pm Piano Playing by Annette 1:30pm Mystery Outing 7:30pm Evening Cinema	10:00am MOOD Smart 4 Workshop 11:00am Piano Entertainment by Hoy Yip 1:30pm Classic Matinee 3:00pm CrossFit Fun-Circuit Training	11:15am Ageless Yoga with 5 Annette 12:00pm Piano Entertainment by Hoy Yip 2:00pm Resident Meeting with Julie 3:30pm Cribbage Tournament	10:00am CrossFit Fun- Strength Training 11:30am Cafe Corner 1:00pm Wellness Clinic with Pat 1:30pm Judge & Jury Hour 4:00pm Bridge	9:30am Intergenerational 7 Program- King David Secondary 11:15am Ageless Yoga 1:30pm Bridge 5:00pm Oneg Shabbat & Cocktail Music	11:15am Ageless Yoga with Annette- Community 3:30pm PERK Activities with Rosemary 6:30pm Trivial Pursuit
11:15am Ageless Yoga with 9 Annette- Family 2:00pm Bridge 7:30pm Various Card Games	11:15am Ageless Yoga 10 with Annette 12:15pm Piano Playing by Annette 1:30pm Mystery Outing 7:00pm Entertainment by Allen and Sharon Boolinoff	10:00am CrossFit Fun- 11 Circuit Training 11:00am Piano Entertainment by Hoy Yip 11:30am Floral Art Club 1:30pm Classic Matinee 3:00pm CrossFit Fun-Circuit Training	11:15am Ageless Yoga 12 with Annette 12:00pm Piano Entertainment by Hoy Yip 1:30pm Creative Arts 2:30pm Chef Demo with Rob 3:30pm Cribbage Tournament	10:00am CrossFit Fun- 13 Strength Training 11:30am Cafe Corner 1:00pm Wellness Clinic with Pat 1:30pm Judge & Jury Hour 4:00pm Bridge	10:00am CrossFit Fun- 14 Core Conditioning 11:15am Ageless Yoga 1:30pm Bridge 5:00pm Oneg Shabbat & Cocktail Music	11:15am Ageless Yoga with 15 Annette- Community 3:30pm PERK Activities with Rosemary 6:30pm Trivial Pursuit
11:15am Ageless Yoga with 16 Annette- 2:00pm Bridge 3:00pm Wine Tasting with Guillaume 7:30pm Various Card Games	11:15am Ageless Yoga 17 with Annette 12:15pm Piano Playing by Annette 1:30pm Mystery Outing 7:30pm Evening Cinema	10:00am CrossFit Fun- 18 Circuit Training 11:00am Piano Entertainment by Hoy Yip 11:30am Floral Art Club 1:30pm Classic Matinee 3:00pm CrossFit Fun-Circuit Training	11:15am Ageless Yoga 19 with Annette 12:00pm Piano Entertainment by Hoy Yip 2:00pm Easy Legacy 3:30pm Presentation Cribbage Tournament	10:00am CrossFit Fun- 20 Strength Training 11:30am Cafe Corner 1:00pm Wellness Clinic with Pat 1:30pm Judge & Jury Hour 3:00pm Fireside Chat with Walter 4:00pm Bridge	10:00am CrossFit Fun- 21 Core Conditioning 11:15am Ageless Yoga 1:30pm Bridge 5:00pm Oneg Shabbat & Cocktail Music	11:15am Ageless Yoga with 22 Annette- Community 3:30pm PERK Activities with Rosemary 6:30pm Trivial Pursuit
11:15am Ageless Yoga with 23 Annette- Family 2:00pm Bridge 7:30pm Various Card Games	11:15am Ageless Yoga 24 with Annette 12:15pm Piano Playing by Annette 1:30pm Mystery Outing 7:30pm Evening Cinema	10:00am CrossFit Fun- 25 Circuit Training 11:00am Piano Entertainment by Hoy Yip 11:30am Floral Art Club 1:30pm Classic Matinee 3:00pm CrossFit Fun-Circuit Training	11:15am Ageless Yoga 26 with Annette 12:00pm Piano Entertainment by Hoy Yip 1:30pm Creative Arts 3:30pm Cribbage Tournament	10:00am CrossFit Fun- 27 Strength Training 11:30am Cafe Corner 1:00pm Wellness Clinic with Pat 1:30pm Judge & Jury Hour 4:00pm Bridge	10:00am CrossFit Fun- 28 Core Conditioning 11:15am Ageless Yoga 1:30pm Bridge 5:00pm Oneg Shabbat & Cocktail Music	11:15am Ageless Yoga with 2: Annette- Community 12:00pm Autumn Open House Event 6:30pm Trivial Pursuit
11:15am Ageless Yoga with 30 Annette- Family 2:00pm Bridge 7:30pm Various Card Games						SENIOR LIVING The Leo Wertman Residence