

APPETIZERS

CHEFS HEART HEALTHY SOUP OF THE MOMENT \$5

ROASTED TOMATO BISQUE WITH JUNIPER & BASIL SCENT \$5

U.B.C FARMS ORGANIC GREEN SALAD WITH SWEET SHERRY EMULSION \$6
TONS OF SHAVED MARKET VEGETABLE ALWAYS EVOLVING

GREEK SALAD TOSSED WITH SPINACH AND FETA CHEESE \$7
GRILLED PITA

SOY BRAISED CHICKEN & PRAWN CONGEE WITH POACHED EGG \$7 SHAVED GREEN ONION, CORIANDER & CHILI SAUCE

LIGHT ENTREES

NASI GORENG INDONESIAN FRIED RICE WITH CHICKEN & FRIED EGG \$15 SHAVED VEGETABLE, SWEET SOY & SHRIMP CRACKER

KOREAN STYLE SHORT RIBS WITH CHILLED SPINACH COMAAE SALAD \$ 14 WHITE MISO & SESAME DRESSING

GRILLED CHEESE WITH PARMESAN & APPLE WOOD SMOKED CHEDDAR \$13
GRAINY MUSTARD MAYO, SLICED TOMATO



ENTREES

- FISH & CHIPS WITH PACIFIC COD, HOUSE MADE TARTAR SAUCE \$15 HERB & SEA-SALT FRIES, TRADITIONAL COLE-SLAW
- ROASTED ARTIC CHAR WITH PRESERVED RHUBARB CHUTNEY \$18 LOCAL POTATO, CORN & PEACH "SUCCOTASH"
- POACHED WILD B.C. SALMON OR FREE RUN CHICKEN BREAST \$14 WITH BABY RED POTATOES & STEAMED VEGETABLES
- © CAVATAPPI PASTA WITH PRAWN, SCALLOP & SALMON \$17 SAFFRON & TOMATO CONFIT, BLACK OLIVES, SCALLIONS & RED PEPPERS
- SHAVED "AAA" FLAT-IRON STEAK WITH TARRAGON & TOMATO AIOLI \$15 ARUGULA, TOMATO, PARMESAN & RED ONION SALAD
- PAD THAI WITH GRILLED SALMON, TOFU OR ROASTED CHICKEN \$16 TAMARIND & TOMATO SOY, PEA SHOOTS, ONION, GARLIC & TOASTED PEANUTS

SLOW ROASTED PRIME RIB PHILLY CHEESE STEAK TOASTED WHITE BAGUETTE, SAUTE OF ONION & RED PEPPERS HALF \$10 / FULL \$15



OCEON | All seafood options on this menu are recommended by the Vancouver Aquarium as ocean-friendly.