



SENIOR LIVING

The Leo Wertman Residence

ASH STREET BISTRO

A LA CARTE DINNER MENU

APPETIZERS

- ❖ Chefs Heart Healthy Soup of the Moment \$5
 - ❖ Slow Roasted Mushroom Cream \$5
Young Pea Shoot Tips, White Truffle Oil
- ❖ Organic Greens Tossed with Artichoke's, Dried Figs & Apricots \$6
Feta Cheese, Candied Pecans, Roasted Pumpkin Seeds
- Romaine Salad with a Light "Caesar" Vinaigrette \$7
Hand Peeled Pacific Shrimp, Shaved Parmesan

LIGHT ENTRÉES

- Crisp Salmon Tempura Roll with Sticky Rice \$13
Spiced Aioli, Maple Soy
- Roasted Prawn, Fettuccini Tossed with a Sambuca Cream Reduction \$15
Grape Tomatoes, Chopped Olives, White Wine, Seasonal Herbs
- Vegetarian Pad Thai with Crisp Tofu \$15
Tamarind & Tomato Soy, Pea shoots, Onion, Garlic & Toasted Peanuts

ENTREES

- ❖ Grilled Salmon or Grilled Chicken Pad Thai \$18
Tamarind & Tomato Soy, Pea shoots, Onion, Garlic & Toasted Peanuts
- ❖ Ginger & Soya Marinated "Ross Down Farms" Chicken Breast \$17
Crisp Vegetable & Sticky Rice Stir-fry, Mushroom Soy Glaze
- ♥ Poached Wild B.C. Salmon or Free Run Chicken Breast \$17
With Baby Red Potatoes & Steamed Vegetables
- Ash Street Bistro Burger with Caramelised Shallot Aioli & Maple Bacon \$16
Apple Wood Smoked Cheddar, Sesame Seed Bun
- Grilled "C.A.B." Steak with Smoked Apple Wood Cheddar Potatoes \$28 (+8)
5 Oz Beef Tenderloin Or 8 Oz Rib-eye Steak with Brandy Peppercorn Jus

❖ Denotes That This Item Can Be Used For the Price Fix Menu
(Price for Residents if Chosen Over Price Fix Menu Option)

♥ Heart Healthy Meals- No Added Salt, Fat or Sugar / All Natural
If you require any special dietary needs please let your server know and we would be happy to oblige.