

## Upcoming Events at Legacy

*Sincerely Yours* will be joining us on **Saturday, May 2<sup>nd</sup>** from **12:30-1:30pm** for a special 'Kentucky Derby' performance. Enjoy the music and assorted nibbles while watching the 141<sup>st</sup> annual derby running from 1:00-4:00pm in our bistro.



On **Tuesday, May 5<sup>th</sup>, 2015 at 2:00pm** we will be celebrating *Cinco De Mayo* in style with feature cocktails prepared by the talented Suzanne Chinack and some Mexican delights. We will top off the afternoon with some fun entertainment! ¡Salud



With the warmer weather fast approaching, we need to practice proper sun safety. Hans Lin (*R.Ph. B.Sc. B.Sc.Pharm.*) from Medical Pharmacies will be coming to Legacy on **Friday, May 15th @ 2:00pm** to do an in-service with lots of helpful tips to ensure everyone stays safe in the sun this summer.



We will be hosting another vendor sale on **Wednesday, May 20th from 11:00am—3:00pm** in our bistro. The residents will have a chance to shop a variety of goods and the latest fashions. The vendors included are Fifth Avenue Collection, Equinox Dresses and Euro Designs.

**EURO DESIGNS**



## Introducing Person Training with Ariel Ziv

At Legacy we are committed to offering the best services. In May, Ariel will start teaching group fitness classes on **Wednesday mornings at 10:30am** as well as **personal training & partner training sessions at your convenience!**

"It is my mission, my purpose and my passion to bring positive change to the people around me, to their lifestyle, their self-esteem and their health.

Educating towards physical training, wellness and health has always been very important to me, and will remain so. I have been changing people's lives for over 8 years in showing them a whole new aspect that helps in making them stronger in body and mind.

You are welcome to meet and consult with me on any matter or subject and I look forward to embarking on your fitness and health journey with you!"

Yours,  
Ariel Ziv



# LEGACY INSIDER

Legacy Senior Living - The Leo Wertman Residence Newsletter

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## THE LEGACY DIFFERENCE

Legacy is a place where seniors can stay active and involved, living creative and fulfilling lives. A place where great food, friendships, culture, and thoughtful living spaces come together as the ideal lifestyle community.

Since opening last July, we have seen many friendships blossom and a community amongst our residents that resembles a large family. The residents support and respect one another and have shared a lot of great memories already – that's the Legacy difference.



General Manager  
Walter Downey

*"We are so thrilled to see so many new faces moving into Legacy. As a thank-you to our residents, we offer everyone a welcoming party to invite their friends and family to Legacy."*

*On Sunday, May 10th our Executive Chef, Rob Cleland is preparing a wonderful Mothers Day Brunch and Dinner. We will also be having the Bridge Musicians Quintet perform at 1:00pm! Be sure to book your reservations in advance to ensure your table. Happy Mothers Day everyone!*

-Walter Downey



Legacy Senior Living - The Leo Wertman Residence, 611 W 41st Avenue