


ENJOYING MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					10:00am CrossFun- Core Conditioning 1 11:15am Ageless Yoga with Annette 2:00pm Bridge 5:00pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 2 12:30pm Musical Performance by Allen & Sharon Boolinoff 1:00pm 141st Kentucky Derby 3:30pm PERK Activities with Rosemary 6:30pm Trivial Pursuit
					11:15am Ageless Yoga with Annette-Community 3 2:00pm Bridge 5:00pm Sunday Family Buffet 7:30pm Various Card Games	10:00am Morning Walk with Julie 4 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 1:30pm Outing: River Rock Casino 7:00pm Evening Cinema-Boyhood
11:15am Ageless Yoga with Annette-Community 10 11:30am Mother's Day Brunch 1:00pm Bridge Musicians Performance- Quintet 2:00pm Bridge 5:00pm Sunday Family Buffet 7:30pm Various Card Games	10:00am Morning Walk with Julie 11 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 1:30pm Outing: Granville Island Market 7:00pm Evening Cinema-Magic in the Moonlight	10:00am CrossFun-Circuit Training 12 11:00am Piano Entertainment by Hoy Yip 1:30pm Classic Matinee- The Seven Year Itch 3:30pm Guys & Doll's Billiards	10:30am Group Fitness with Ariel 13 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 3:00pm Resident Meeting with Julie 3:30pm Cribbage Tournament	10:00am CrossFun- Strength Training 14 11:00am Bus Drop Off: Safeway 1:30pm Downsizing & Selling Your Home 2:00pm Bridge 2:30pm Wellness Clinic with Mike	10:00am CrossFun- Core Conditioning 15 11:15am Ageless Yoga with Annette 2:00pm Medical Pharmacies - Sun Safety Inservice 5:00pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 16 3:30pm PERK Activities with Rosemary 6:30pm Trivial Pursuit
11:15am Ageless Yoga with Annette-Community 17 2:00pm Bridge 5:00pm Sunday Family Buffet 7:30pm Various Card Games	VICTORIA DAY 18 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 7:00pm Evening Cinema- The Best of Men	10:00am CrossFun-Circuit Training 19 11:00am Piano Entertainment by Hoy Yip 1:30pm Classic Matinee- Monkey Business 2:30pm Wine Education with Guillaume 3:30pm Guys & Doll's Billiards	10:30am Group Fitness with Ariel 20 11:00am Vendor Sale 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 3:30pm Cribbage Tournament	10:00am CrossFun- Strength Training 21 11:00am Bus Drop Off: Safeway 2:00pm Bridge 2:30pm Wellness Clinic with Mike	10:00am CrossFun- Core Conditioning 22 11:15am Ageless Yoga with Annette 2:00pm Chef Demo with Rob-Creative Arts 5:00pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 23 3:30pm PERK Activities with Rosemary 6:30pm Trivial Pursuit
11:15am Ageless Yoga with Annette-Community 24 2:00pm Bridge 5:00pm Sunday Family Buffet 7:30pm Various Card Games	10:00am Morning Walk with Julie 25 10:45am Outing: Deep Cove Lunch 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 7:00pm Evening Cinema- The Love Punch	10:00am CrossFun-Circuit Training 26 11:00am Piano Entertainment by Hoy Yip 1:30pm Classic Matinee- Broken Arrow 3:30pm Guys & Doll's Billiards	10:30am Group Fitness with Ariel 27 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 1:30pm Outing: River Rock Casino 3:30pm Cribbage Tournament	10:00am CrossFun- Strength Training 28 11:00am Bus Drop Off: Safeway 2:00pm Bridge 2:30pm Wellness Clinic with Mike 3:00pm Fireside Chat with Walter	10:00am CrossFun- Core Conditioning 29 11:15am Ageless Yoga with Annette 2:00pm Bridge 5:00pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 30 3:30pm PERK Activities with Rosemary 6:30pm Trivial Pursuit
11:15am Ageless Yoga with Annette-Community 31 2:00pm Bridge 5:00pm Sunday Family Buffet	<p style="text-align: center;"><i>If you would like to book an appointment with the spa and salon, please see Concierge desk to ensure availability and hours for Kleanse Spa Bar. Thank-you!</i></p>					