

Upcoming Events at Legacy

- ◆ **Connect Hearing** will be offering complimentary Hearing Health Checks at Legacy on **Wednesday, March 1st— from 1:30-4:30pm.**



A Hearing Health Check takes 15 minutes including a personal consultation to explain your results and answer any hearing health questions. Presented by Audiologist, Lawson Peters.

- ◆ On **Wednesday, March 15th from 11:00am-3:00pm** *Fifth Avenue Jewellers Collection* will be at Legacy to showcase their beautiful jewelry line in our Bistro.



- ◆ St. Patrick's day festivities will be brought to you by the talented, **Claude Duke** performing in the **Bistro from 3:00-4:00pm.** Come down for happy hour specials and light snacks on **Friday, March 17th.**

- ◆ **Barry Shell** will be presenting the interesting topic of **'Scent and Memory.'** During this discussion, people will be given scents sticks that will help stimulate the memory and create a discussion around it. Following this, Barry will talk about the source of this material, how it is found in nature, synthesized, extracted, processed, etc. Be sure to come down to the **Theatre Room on Tuesday, March 21st at 2:00pm.**

- ◆ On **Wednesday, March 22nd** Malcolm & Linda will be coming to display their jewelry collection from their travels around the world at **11:30am until 2:00pm.**



Afterwards, they will be doing a special **'Travel Series'** in our **Theatre Room at 2:00pm** featuring Israel.

- ◆ The following week, **CoCo's Clothing** will be setting up from **11:00am-3:00pm in the Theatre Room** displaying the latest in spring and summer ladies fashions on **Thursday, March 30th.**

- ◆ **Welcome back Ariel—** We are thrilled to have Ariel return from Israel to teach some more fitness classes at Legacy. Join Ariel every Sunday and Tuesday at 10:00am beginning on Sunday, March 12th!



ALL ABOUT ANNETTE

It goes without saying that Annette is one of the most motivating, inspiring and thoughtful people. We want to wish her a very Happy 65th Birthday!

She will be performing her last concert with "The Grace Notes" on Saturday, March 4th at 2:00pm followed by cake and Prosecco at 2:45pm in the Bistro.

Be sure to join Annette in celebrating a healthy and happy Birthday!



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ENJOYING MARCH

Valentine's Day was another successful party! It was nice to see everyone dressed up, socializing with each other and enjoying the delicious dinner.

Next up, we have our 007 Casino Royale party. Put on your best cocktail attire and come down for an evening on blackjack, poker, and shaken martini's that even James Bond would be jealous of!

A friendly reminder to all residents to please show up on time for exercises, meetings and seminars. For outings, if you are not present at the designated leave time, we will be taking off to ensure all those that are on the bus have the optimal experience at the outing destination.



Concierge Team Leader
Anabell Lomeli



*"Aloha amigos !
I am excited to be hosting the next dinner with the residents.*

This month we will be beginning our 'lottery draw system.' If you're interested in attending the dinner please let the Concierge desk know. We will put all the interested residents names into a box and pull names to fairly select those that wish to come to the hosted dinner.

Looking forward to seeing you there!

-Anabell