


# ENJOYING MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		10:00am CrossFun-Circuit 1 Training 11:00am Piano Entertainment by Hoy Yip 3:30pm Guys & Doll's Billiards 7:00pm Mah Jong	10:30am Group Fitness with 2 Ariel 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 1:30pm Audiologist Appointments with Connect Hearing 2:00pm Bridge 3:30pm Wii Sports	10:00am CrossFun- Strength 3 Training 11:15am Bus Drop Off: City Market at 16th & Arbutus 3:00pm Happy Hour with Hor d'oeuvres 7:00pm Rummikub	11:15am Ageless Yoga with 4 Annette 1:30pm Sing-A-Long with Annette 2:00pm Gardening Club Meeting 3:00pm Bridge 5:30pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with 5 Annette-Community 12:30pm Piano Playing by Annette 3:30pm PERK Activities with Rosemary 5:00pm Dinner Buffet	
	2:00pm Bridge 6 5:00pm Family Style Dinners 7:30pm Various Card Games	10:00am CrossFun Core 7 Conditioning 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 1:15pm OUTING: Walmart SuperCentre 7:30pm Evening Cinema: Brooklyn	10:00am CrossFun-Circuit 8 Training 11:00am Piano Entertainment by Hoy Yip 1:15pm OUTING: River Rock Casino & Dim Sum 3:30pm Guys & Doll's Billiards 7:00pm Mah Jong	10:30am Group Fitness with 9 Ariel 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 2:00pm Bridge 2:00pm Oral Health Seminar by Vancouver College for Dental Hygiene 3:30pm Wii Sports	10:00am CrossFun- Strength Training 10 11:15am <b>Staff Fire Drill</b> 11:15am Bus Drop Off: Safeway 2:00pm Brock House Choir 3:00pm Happy Hour with Hor d'oeuvres 7:00pm Rummikub	11:15am Ageless Yoga with 11 Annette 1:30pm Sing-A-Long with Annette 2:00pm Tech Class with Julie 3:00pm Bridge 5:30pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with 12 Annette-Community 12:30pm Piano Playing by Annette 3:30pm PERK Activities with Rosemary
	2:00pm Bridge 13 5:00pm Family Style Dinners 7:30pm Various Card Games	10:00am CrossFun Core 14 Conditioning 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 1:15pm OUTING: Granville Island Market 7:30pm Evening Cinema: The Danish Girl	10:00am CrossFun-Circuit 15 Training 11:00am Piano Entertainment by Hoy Yip 2:00pm St. Patrick's Day Pre-Party with 'The Suede Dogs' 3:30pm Guys & Doll's Billiards 7:00pm Mah Jong	10:30am Group Fitness 16 with Ariel 11:00am Fifth Avenue Jewelers Collection 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 2:00pm Bridge 3:30pm Wii Sports	10:00am CrossFun- Strength Training 17 11:15am Bus Drop Off: City Market at 16th & Arbutus 3:00pm St. Patrick's Day Cocktail Hour with Claude Duke 7:00pm Jewish Film Festival Movie 7:00pm Rummikub	11:15am Ageless Yoga with 18 Annette 1:30pm Sing-A-Long with Annette 2:30pm Heart Health Consultations with Hans Lin 3:00pm Bridge 5:30pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with 19 Annette-Community 12:30pm Piano Playing by Annette 3:30pm PERK Activities with Rosemary
	2:00pm Bridge 20 5:00pm Family Style Dinners 7:30pm Various Card Games	10:00am CrossFun Core 21 Conditioning 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 1:15pm Bus Tour with Mick Short of YVR & Richmond 7:30pm Evening Cinema: The Lady in the Van	10:00am CrossFun-Circuit 22 Training 11:00am Piano Entertainment by Hoy Yip 2:00pm Tax Planning Part Two with Odlum Brown 3:30pm Guys & Doll's Billiards 7:00pm Mah Jong	<i>Library Pick-up/Drop-off</i> 23 10:30am Group Fitness with Ariel 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 2:00pm Fireside Chat with Julie 3:30pm Wii Sports <i>Purim begins at sundown</i>	10:00am CrossFun- Strength Training 24 11:15am Bus Drop Off: Safeway 3:00pm Happy Hour with Hor d'oeuvres 7:00pm Rummikub	<i>Good Friday Stat Holiday- No Car Service</i> 25 11:15am Ageless Yoga with Annette 1:30pm Sing-A-Long with Annette 3:00pm Bridge 5:30pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with 26 Annette-Community 12:30pm Piano Playing by Annette 3:30pm PERK Activities with Rosemary
	11:00am Easter Brunch 27 Buffet 2:00pm Bridge 5:00pm Easter Dinner Buffet with Harpist Camille Fournier 7:30pm Various Card Games	11:15am Ageless Yoga with 28 Annette 12:15pm Piano Playing by Annette 1:15pm Bus Drop-Off: Arbutus Shopping Centre & London Drugs 7:30pm Evening Cinema: The Queen	10:00am CrossFun-Circuit 29 Training 10:00am Clark Shoes Display 11:00am Piano Entertainment by Hoy Yip 2:00pm 'Busting Stress Naturally' with Mandy King 7:00pm Mah Jong	10:30am Group Fitness 30 with Ariel 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 2:00pm Bridge 3:30pm Wii Sports	11:15am Bus Drop Off: City 31 Market at 16th & Arbutus 3:00pm Happy Hour with Hor d'oeuvres 7:00pm Rummikub	