

Easter Dinner Buffet

Sunday, April 16th
Ash Street Bistro



Dinner Buffet - 5:00 pm to 7:30 pm

Adult Guests \$38* Children 12 & Under \$12

Join us with family and friends for our *Easter Dinner Buffet* with traditional favorites specially prepared by Executive Chef Rob Cleland and his culinary team.

Dinner Reservations Required by April 12th to 604.240.8550



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Discover the
Difference

Book Your
Discovery Tour
Today!

604.240.8550



Mark Your Calendar - April Events

April 18th - 2:00 pm to 3:00 pm

Wellness Session: "Optimizing Brain Fitness"



With Founder of the *PERK Program*, Rosemary Moritz.

Rosemary will discuss brain plasticity and engage the group in fun activities designed to improve memory, focus and creativity.

PERK activities are offered on a weekly

basis at Legacy as part of our *LivingSmart* wellness programming and are also open to the public for a \$5.00 drop in fee.

Pre-registration is required by April 16th at 604.240.8550. Open to senior adults 55+. No charge to attend. (\$30 Value).



April 25th - 2:00 pm to 3:00 pm

Wellness: New Developments in Treating IBS (Irritable Bowel Syndrome)



With Naturopathic Physician Dr. Reuben Dinsmore ND.

April is IBS Awareness month. This chronic condition is so common that everyone knows someone who suffers from it, but it continues to be one of the most poorly understood disorders.

Join us as Dr. Dinsmore discusses new findings over the last few years that are bringing hope to millions of people affected by this condition.

Pre-registration required by April 23rd at 604.240.8550. Open to senior adults 55+. No charge to attend. (\$30.00 Value)

About Us

Legacy Senior Living was conceived as a tribute to Leo Wertman, who, in 1960, founded the business that would grow to become The Wertman Group of Companies.

Our goal is to create an outstanding residence in Leo's honour right here in the heart of Vancouver.

A place where seniors can stay active and involved, living creative and fulfilling lives. A place where great food, friendships, culture, and thoughtful living spaces come together as the ideal lifestyle community.

Contact Us

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