

# ENJOYING JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			10:30am Group Fitness with Ariel 1 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 1:30pm Audiologist Appointment with Connect Hearing 3:30pm Wii Sports 7:00pm Evening Cinema: Chef	10:00am CrossFun- Strength Training 2 11:15am Bus Drop Off: Safeway 3:00pm Happy Hour & Hor d'oeuvres 7:00pm Rummikub	11:15am Ageless Yoga with Annette 3 1:15pm Sing-A-Long with Annette 2:00pm Tech Class with Julie 3:00pm Bridge 5:30pm Candle Lighting & Cocktail Music	10:30am Legacy Market 4 11:15am Ageless Yoga with Annette-Community 12:30pm Piano Playing by Annette 1:30pm Albert Liang Piano Recital (Annette's Student) 3:30pm PERK Activities with Rosemary
2:00pm Bridge 5 5:00pm Family Style Dinners 7:30pm Various Card Games	10:00am CrossFun Core Conditioning 6 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 12:30pm OUTING: Steveston Fish & Chips 7:00pm Evening Cinema: Room	10:00am CrossFun-Circuit Training 7 11:00am Piano Entertainment by Hoy Yip 1:15pm OUTING: Costco 2:00pm 'Food & Nutrients for Glowing Skin' with Mandy King 3:30pm Guys & Doll's Billiards 7:00pm Mah Jong	10:30am Group Fitness with Ariel 8 11:15am OUTING: Historical Tour of North Vancouver with Mick Short 12:00pm Piano Entertainment by Hoy Yip 2:00pm Bridge 3:30pm Wii Sports	10:00am CrossFun- Strength Training 9 11:15am Bus Drop Off: City Market at 16th & Arbutus 3:00pm Happy Hour & Hor d'oeuvres 7:00pm Rummikub	2:30pm Bone Health with Medical Pharmacies (Appointment's start at 2:30pm) 10 3:00pm Bridge 5:30pm Candle Lighting & Cocktail Music	10:30am Legacy Market 11 11:15am Ageless Yoga with Annette-Community 1:30pm Community Yoga for Annette's Yoga Students 3:30pm PERK Activities with Rosemary
2:00pm Bridge 12 5:00pm Family Style Dinners 7:30pm Various Card Games	10:00am CrossFun Core Conditioning 13 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 1:15pm OUTING: River Rock Casino & Dim Sum 7:00pm Evening Cinema: Lincoln	11:00am Piano Entertainment by Hoy Yip 14 2:00pm Meet & Greet with the BC Senior Living Association 3:30pm Guys & Doll's Billiards 7:00pm Mah Jong	<b>Library Pick-Up/ Drop-Off</b> 15 10:30am Group Fitness with Ariel 11:00am Fifth Avenue Jewelers Collection 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 3:30pm Wii Sports 7:00pm Evening Cinema: Philomena	10:00am CrossFun- Strength Training 16 11:15am Bus Drop Off: City Centre Mall @ 12th & Cambie 2:00pm Falls Prevention with Julie 3:00pm Happy Hour & Hor d'oeuvres 7:00pm Rummikub	10:00am Morning Neighborhood Walk with Julie 17 11:15am Ageless Yoga with Annette 1:15pm Sing-A-Long with Annette 2:00pm Tech Class with Julie 3:00pm Bridge 5:30pm Candle Lighting & Cocktail Music	10:30am Legacy Market 18 11:15am Ageless Yoga with Annette-Community 12:30pm Piano Playing by Annette 3:30pm PERK Activities with Rosemary
<b>Happy Father's Day</b> 19 2:00pm Bridge 4:30pm <b>Father's Day BBQ with Musical Entertainment by Willy Ward (from 4:30-6pm)</b> 5:00pm Family Style Dinners 7:30pm Various Card Games	10:00am CrossFun Core Conditioning 20 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 1:15pm Bus Drop-Off: London Drugs <b>2:00pm Staff Fire Drill</b> 7:00pm Evening Cinema: 45 Years	10:00am CrossFun-Circuit Training 21 11:00am Piano Entertainment by Hoy Yip 2:00pm "It's Never Too Late to Feel Better"- Naturopathic Medicine 3:30pm Guys & Doll's Billiards 7:00pm Mah Jong	10:30am Group Fitness with Ariel 22 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 3:00pm Fireside Chat with Management 3:30pm Wii Sports	10:00am CrossFun- Strength Training 23 11:15am Bus Drop Off: City Market at 16th & Arbutus 2:00pm Chef Demo with Rob 3:00pm Happy Hour & Hor d'oeuvres 7:00pm Jewish Film Festival Movie 7:00pm Rummikub	10:00am Morning Neighborhood Walk with Julie 24 11:15am Ageless Yoga with Annette 1:15pm Sing-A-Long with Annette 3:00pm Bridge 5:30pm Candle Lighting & Cocktail Music	10:30am Legacy Market 25 11:15am Ageless Yoga with Annette-Community 12:30pm Piano Playing by Annette 1:00pm <b>HEALTH &amp; WELLNESS FAIR</b> 4:00pm PERK Activities with Rosemary
2:00pm Bridge 26 5:00pm Family Style Dinners 7:30pm Various Card Games	10:00am CrossFun Core Conditioning 27 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 1:15pm 'Rain or Shine' Ice Cream in Kitsilano 7:00pm Evening Cinema: The Lunchbox	10:00am CrossFun-Circuit Training 28 11:00am Piano Entertainment by Hoy Yip 11:30am Malcolm & Linda's Jewelry Collection 2:00pm Malcolm & Linda's Travel Series: Egypt 3:30pm Guys & Doll's Billiards 6:00pm 'Talking to Your Parents About Retirement Living'	10:30am Group Fitness with Ariel 29 11:00am CoCo's Clothing 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 2:00pm Bridge 3:30pm Wii Sports 7:00pm Evening Cinema: Somm (Documentary)	11:15am Bus Drop Off: City Centre Mall @ 12th & Cambie 30 2:00pm Wine Education with Guillaume 3:00pm Happy Hour & Hor d'oeuvres 7:00pm Rummikub	 <b>SENIOR LIVING</b> <i>The Leo Wertman Residence</i>	