ENJOYING FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00am CrossFun Core Conditioning 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 1:15pm OUTING: T&T Supermarket at Marine Gateway 7:00pm Evening Cinema- Oranges & Sunshine	10:00am CrossFun-Circuit Training 11:00am Piano Entertainment by Hoy Yip 2:00pm Brockhouse Kerrisdale Choir Performance 3:30pm Guys & Doll's Billiards 7:00pm Mah Jong	10:30am Group Fitness with Ariel 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 3:30pm Wii Sports	10:00am CrossFun-Strength Training 11:00am Carda Women's Fashion Display 11:15am Bus Drop Off: City Market at 16th & Arbutus 3:00pm Happy Hour with Hor d'oeuvres & Music by David 7:00pm Rummikub	11:15am Ageless Yoga with Annette 2:00pm Julie's Tech Class 2:00pm Bridge 5:30pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 12:30pm Piano Playing by Annette 3:30pm PERK Activities with Rosemary
2:00pm Bridge 5:00pm Chinese Lion Dance followed by Musical Entertainment by Michael Samson 5:00pm Chinese New Year's Eve Buffet	Family Day Stat Happy Chinese New Year: Year of the Monkey 11:00am *Plated Dim Sum Lunch Special* 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 5:00pm Chinese New Year Buffet	10:00am CrossFun-Circuit Training 11:00am Piano Entertainment by Hoy Yip 12:30pm OUTING: River Rock Casino & Dim Sum 3:30pm Guys & Doll's Billiards 7:00pm Mah Jong	10:30am Group Fitness with Ariel 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 2:00pm Book Signing & History of Vancouver Seminar with Claude Duke 3:30pm Wii Sports	10:00am CrossFun-Strength Training 11:15am Bus Drop Off: Safeway 3:00pm Happy Hour with Hor d'oeuvres & Music by David 7:00pm Rummikub	11:15am Ageless Yoga with Annette 2:00pm Bridge 5:30pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 12:30pm Piano Playing by Annette 3:30pm PERK Activities with Rosemary
2:00pm Bridge 5:00pm Valentine's Day Four Course Dinner~ One seating 6:00pm Musical Entertainment by Brandon Thornhill & Glen Stevenson	10:00am CrossFun Core Conditioning 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 1:15pm Bus Drop-Off: Arbutus Shopping Centre & London Drugs 7:00pm Evening Cinema- 5 Flights Up	10:00am CrossFun-Circuit Training 11:00am Piano Entertainment by Hoy Yip 2:00pm 'Eating for Energy' Seminar with Mandy King 3:30pm Guys & Doll's Billiards 7:00pm Mah Jong	10:30am Group Fitness with Ariel 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 2:00pm Fireside Chat with Julie	11:15am Bus Drop Off: City Market at 16th & Arbutus 3:00pm Happy Hour with Hor d'oeuvres & Music by David 7:00pm Jewish Film Festival Movie 7:00pm Rummikub	11:15am Ageless Yoga with Annette 2:00pm Bridge 5:30pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 12:30pm Piano Playing by Annette 3:30pm PERK Activities with Rosemary
2:00pm Bridge 5:00pm Family Style Dinners 7:30pm Various Card Games	10:00am CrossFun Core Conditioning 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 12:30pm OUTING: Granville Island 7:00pm Evening Cinema- The Tiger and The Monk	10:00am CrossFun-Circuit Training 11:00am Piano Entertainment by Hoy Yip 2:00pm Tax Planning Part 1 Seminar with Chadwick Walker 3:30pm Guys & Doll's Billiards 7:00pm Mah Jong	10:30am Group Fitness with Ariel 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 3:30pm Wii Sports *Library Pick-Up/Drop Off*	10:00am CrossFun-Strength Training 11:15am Bus Drop Off: Safeway 2:00pm Tour of the Kitchen/Chef Demo with Rob & Guillaume 3:00pm Happy Hour 7:00pm Rummikub	11:15am Ageless Yoga with Annette 2:00pm Tech Class with Julie 2:00pm Bridge 5:30pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 12:30pm Piano Playing by Annette 3:30pm PERK Activities with Rosemary
2:00pm Bridge 5:00pm Family Style Dinners 7:30pm Various Card Games	10:00am CrossFun Core Conditioning 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 1:15pm Bus Drop-Off: Arbutus Shopping Centre & London Drugs 7:00pm Evening Cinema- Vitus					