



# ENJOYING FEBRUARY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:15am Ageless Yoga with Annette-Community 1 2:00pm Bridge 3:30pm Super Bowl Game-Theatre Room 4:30pm Super Bowl Sunday Tailgate Buffet	11:15am Ageless Yoga with Annette 2 12:15pm Piano Playing by Annette 1:30pm Outing- Shaughnessy Country Club for Tea 7:30pm Evening Cinema-Tracks	10:00am CrossFit Fun-Circuit Training 3 11:00am Piano Entertainment by Hoy Yip 1:30pm Classic Matinee-Houseboat 3:30pm Guys & Doll's Billiards	11:15am Ageless Yoga with Annette 4 12:00pm Piano Entertainment by Hoy Yip 1:30pm Creative Arts 3:30pm Cribbage Tournament	10:00am CrossFit Fun-Strength Training 5 11:00am Bus Drop Off: Safeway 1:00pm Wellness Clinic with Pat 1:30pm Estate Planning Seminar Part 3 2:00pm Bridge	10:00am CrossFit Fun- Core Conditioning 6 11:15am Ageless Yoga with Annette 2:00pm Bridge 5:00pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 7 3:30pm PERK Activities with Rosemary 6:30pm Trivial Pursuit
11:15am Ageless Yoga with Annette-Community 8 2:00pm Bridge 4:30pm Family Day Buffet 7:30pm Various Card Games	Family Day B.C 9 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 2:00pm Bridge 7:30pm Evening Cinema- The Lunchbox	10:00am CrossFit Fun-Circuit Training 10 11:00am Piano Entertainment by Hoy Yip 2:00pm Classic Matinee-Teacher's Pet 3:30pm Guys & Doll's Billiards	11:15am Ageless Yoga with Annette 11 12:00pm Piano Entertainment by Hoy Yip 2:00pm Resident Meeting with Julie 3:30pm Cribbage Tournament	10:00am CrossFit Fun-Strength Training 12 11:00am Bus Drop Off: Safeway 1:00pm Wellness Clinic with Pat 2:00pm Bridge	10:00am CrossFit Fun- Core Conditioning 13 11:15am Ageless Yoga with Annette 2:00pm Bridge 5:00pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 14 3:30pm PERK Activities with Rosemary 5:30pm "An Evening in Paris" Valentine's Dinner 6:30pm Trivial Pursuit
11:15am Ageless Yoga with Annette-Community 15 2:00pm Bridge 4:30pm Tapas Night Buffet 7:30pm Various Card Games	11:15am Ageless Yoga with Annette 16 12:15pm Piano Playing by Annette 1:30pm Outing- Walmart 7:30pm Evening Cinema- Arbitrage	10:00am CrossFit Fun-Circuit Training 17 11:00am Piano Entertainment by Hoy Yip 1:30pm Classic Matinee- His Girl Friday 3:30pm Guys & Doll's Billiards 5:00pm New Orleans Style Mardi Gras Dinner	11:15am Ageless Yoga with Annette 18 12:00pm Piano Entertainment by Hoy Yip 2:00pm Wine Education with Guillaume 3:30pm Cribbage Tournament	Happy Chinese New Year 19 10:00am CrossFit Fun-Strength Training 11:00am Bus Drop Off: Safeway 1:00pm Wellness Clinic with Pat 2:00pm Bridge	10:00am CrossFit Fun- Core Conditioning 20 11:15am Ageless Yoga with Annette 2:00pm Bridge 5:00pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 21 3:30pm PERK Activities with Rosemary 6:30pm Trivial Pursuit
11:15am Ageless Yoga with Annette-Community 22 2:00pm Bridge 3:30pm Traditional Chinese Dance Performance- Jessica Yen 4:30pm Chinese New Year Buffet 7:30pm Various Card Games	11:15am Ageless Yoga with Annette 23 12:15pm Piano Playing by Annette 1:30pm Outing- Casino 7:30pm Evening Cinema- Eat, Pray, Love	10:00am CrossFit Fun-Circuit Training 24 11:00am Piano Entertainment by Hoy Yip 2:00pm Classic Matinee- The Grass is Greener 3:30pm Guys & Doll's Billiards	11:15am Ageless Yoga with Annette 25 12:00pm Piano Entertainment by Hoy Yip 2:00pm Fireside Chat with Walter 3:30pm Cribbage Tournament	10:00am CrossFit Fun-Strength Training 26 11:00am CoCo's Clothing Event 11:00am Bus Drop Off: Safeway 1:00pm Wellness Clinic with Pat 2:00pm Bridge	10:00am CrossFit Fun- Core Conditioning 27 11:15am Ageless Yoga with Annette 2:00pm Bridge 5:00pm Candle Lighting & Cocktail Music 5:00pm Shabbat with Special Guest: Shay Kuebler	11:15am Ageless Yoga with Annette-Community 28 3:30pm PERK Activities with Rosemary 6:30pm Trivial Pursuit

