

## Upcoming Events at Legacy

**Connect Hearing** will be offering an information talk, "Understanding Hearing Loss", followed by a complimentary Hearing Health Check at Legacy Senior Living. A Hearing Health Check takes 15 minutes including a personal consultation to explain your results and answer any hearing health questions.

*Did you know? 1 in 10 people have some level of hearing loss?*

**Date/day: Wednesday, December 3rd**

**Time: 1:30–5:00pm**

Presented by Yinda Liu AuD, RAUD, RHIP  
Registered Audiologist



Legacy Senior Living is fortunate to be hosting the comedic play **'Classroom Chaos'** on **Friday, December 5th @ 2:00pm.**

The play is set in a non-traditional classroom at Wasilou High School in Kerrisdale.

Shenanigans galore take place as a group of students, the Cagey Clan, plan their mischievous pranks on a brand new first year teacher, Jimmy Shaster.

Adding to the chaos is a flamboyant science professor, Stanley Whipplebee, who causes his own disruptions.

The students; Sandra Wong, the perfect little student, Ronald Crocker, who is afraid of getting in trouble, Nancy Proctor, the darling of the cheerleading squad who has a mischievous streak in her and is the best friend of Madeline Jamieson, known as MAD for short, is the school brain and leader of the pack.

Making a cameo appearance as Clara Norlander, the school secretary, is the show's writer, director, Angel Drummond.

Please be sure to join in on the fun and entertainment.

**The Nutcracker Ballet** will be coming to Legacy on **Sunday, December 7th at 2:00pm.**

the Arbutus Club Dancers will be performing a short version of the We encourage all residents to invite their family, friends and loved ones for this fantastic holiday performance.



## Music at Legacy

*Annette Wertman will be bringing in a group of her piano students on Sunday, December 7th at 4:30pm for a special performance for all to enjoy. We are lucky enough to have Annette play regularly on Monday's & Friday's at Legacy. Please come and enjoy the beautiful sounds of the piano and some tasty treats to follow.*



*On Tuesday, December 16th at 7:00pm Julie Lowe will be at Legacy to perform with 10 of her students. Julie has recorded for CBC and WDR (West German Radio). She has been an active recitalist, soloist, and chamber musician throughout Canada, US, and Europe, and has received numerous awards at international piano competitions. Julie also holds a Performer's Certificate from the Vancouver Academy of Music. It will be a recital you don't want to miss!*



# LEGACY INSIDER

Legacy Senior Living - The Leo Wertman Residence Newsletter

Volume 2 Issue 12 December, 2014

## LEGACY LIVESMART

TELUS Optik will be producing a special on Alzheimer's disease, which will air in January- Alzheimer's Awareness month. Part of the program highlights what people can do to help mitigate their chances of developing the disease. The program also talks about the importance of brain fitness for overall health and tips people can take away to help keep their brains sharp as they age.

TELUS has reached out to Legacy Senior Living and would like to come and film our PERK brain fitness class on Saturday, December 6th from 3:30-4:30pm with Rosemary Moritz. We are very excited about this educational opportunity because it supports the value in our LiveSmart Program that we offer at Legacy.



General Manager  
Walter Downey

## HAIR DRESSING SERVICES NOW AVAILABLE

We are pleased to have our hair salon available for appointments on Fridays and Saturdays. A complete list of services and pricing is available in the salon and at the concierge desk. Please book any reservations through our Concierge.



*"It is incredible that it is already the holiday season; Legacy has had a very busy and exciting year! Since our opening in July, we have had amazing residents move in, wonderful staff join our team and lots of fabulous parties.*

*We are looking forward to all of the holiday parties and festivities coming in the next few weeks.*

*Please be sure to take a look at the monthly calendar and be sure to join us for our fun excursions and holiday entertainment. On behalf of all of us at Legacy we wish you a very Happy Holiday season!"*

- Walter Downey