

ENJOYING DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p>Legacy SENIOR LIVING <i>The Leo Wertman Residence</i></p>	11:15am Ageless Yoga with Annette 1 12:15pm Piano Playing by Annette 1:30pm Outing to Shopping Centre 7:30pm Evening Cinema	10:00am CrossFit Fun-Circuit Training 2 11:00am Piano Entertainment by Hoy Yip 11:30am Floral Art Club 1:30pm Classic Matinee 3:30pm Guys & Doll's Billiards	11:15am Ageless Yoga with Annette 3 12:00pm Piano Entertainment by Hoy Yip 1:30pm CONNECT HEARING-Audiologist 3:30pm Cribbage Tournament	10:00am CrossFit Fun-Strength Training 4 11:30am Café Corner 1:00pm Wellness Clinic with Pat 2:00pm Bridge	10:00am CrossFit Fun-Core Conditioning 5 11:15am Ageless Yoga with Annette 2:00pm 'Classroom Chaos'-Comedic Play 5:00pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 6 1:30pm Vendor Christmas Sale 3:30pm Telus Optik Filming of PERK Activities 6:30pm Trivial Pursuit	
	11:15am Ageless Yoga with Annette-Community 7 2:00pm Nutcracker Ballet 4:30pm Musical Entertainment by Annette & Piano Students	11:15am Ageless Yoga with Annette 8 12:15pm Piano Playing by Annette 1:30pm Festival of Trees at Four Seasons Hotel 7:30pm Evening Cinema	10:00am CrossFit Fun-Circuit Training 9 11:00am Piano Entertainment by Hoy Yip 11:30am Floral Art Club 3:30pm Guys & Doll's Billiards	11:15am Ageless Yoga with Annette 10 12:00pm Piano Entertainment by Hoy Yip 1:30pm Creative Arts 2:00pm Resident Meeting with Julie 3:30pm Cribbage Tournament	10:00am CrossFit Fun-Strength Training 11 11:30am Café Corner 1:00pm Wellness Clinic with Pat 2:00pm Bridge 5:00pm Resident & Family Christmas Wine and Cheese	10:00am CrossFit Fun-Core Conditioning 12 11:15am Ageless Yoga with Annette 2:00pm Chess Lesson with Christine 2:00pm Bridge 5:00pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with Annette-Community 13 2:00pm Chess Lesson with Christine 3:30pm PERK Activities with Rosemary 6:30pm Trivial Pursuit
	11:00am Billiards 14 2:00pm Bridge 7:30pm Various Card Games	10:00am CrossFit Fun-Strength Training 15 1:30pm Gingerbread Lane-Outing at Hyatt 7:30pm Evening Cinema	10:00am CrossFit Fun-Circuit Training 16 11:00am Piano Entertainment by Hoy Yip 11:30am Floral Art Club 1:30pm Classic Matinee 3:30pm Guys & Doll's Billiards 7:00pm Julie Lowe's Piano School Concert	Happy Hanukkah 17 11:15am Ageless Yoga with John 12:00pm Piano Entertainment by Hoy Yip 2:30pm Chef Demo with Rob 3:30pm Cribbage Tournament	10:00am CrossFit Fun-Strength Training 18 11:30am Café Corner 1:00pm Wellness Clinic with Pat 2:00pm Bridge	10:00am CrossFit Fun-Core Conditioning 19 2:00pm Bridge 5:00pm Candle Lighting & Cocktail Music 5:00pm Hanukkah Resident & Family Dinner	11:15am Ageless Yoga with John-Community 20 3:30pm PERK Activities with Rosemary 6:30pm Trivial Pursuit
	11:00am Billiards 21 2:00pm Bridge 7:30pm Various Card Games	11:00am Cafe Corner 22 2:00pm Bridge 7:30pm Evening Cinema	10:00am CrossFit Fun-Circuit Training 23 11:00am Piano Entertainment by Hoy Yip 3:00pm Fireside Chat with Walter 3:30pm Guys & Doll's Billiards	11:15am Ageless Yoga with John 24 12:00pm Piano Entertainment by Hoy Yip 1:30pm Creative Arts 3:30pm Cribbage Tournament	Happy Christmas 25 11:30am Café Corner 1:00pm Wellness Clinic with Pat 2:00pm Bridge	10:00am CrossFit Fun-Core Conditioning 26 2:00pm Bridge 5:00pm Candle Lighting & Cocktail Music	11:15am Ageless Yoga with John 27 2:00pm Bridge 6:30pm Trivial Pursuit
	11:00am Billiards 28 2:00pm Bridge 7:30pm Various Card Games	11:15am Ageless Yoga with Annette 29 12:15pm Piano Playing by Annette 1:30pm Mystery Outing 7:30pm Evening Cinema	10:00am CrossFit Fun-Circuit Training 30 11:00am Piano Entertainment by Hoy Yip 11:30am Floral Art Club 1:30pm Classic Matinee 3:30pm Guys & Doll's Billiards	11:15am Ageless Yoga with Annette 31 12:00pm Piano Entertainment by Hoy Yip 3:30pm Cribbage Tournament 5:30pm New Year's Masquerade Dinner			

