


# ENJOYING MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		9:45am Zumba with Antonya 1 10:30am Stretch with Lissette 11:00am Piano Entertainment by Hoy Yip 11:15am Bus Drop Off: Walmart 2:30pm Mature Driver Assessment Procedures	10:00am FIT with Lissette 2 10:00am Chair Yoga with Annette 11:15am Chair Yoga with Annette 11:30am Piano Entertainment by Hoy Yip 2:00pm Spanish for Beginners with Francisco 3:00pm Happy Hour & Hor d'oeuvres 7:30pm Bingo with Neovi	10:00am FIT with Lissette 3 10:30am Guided Meditation with Lissette 11:15am Bus Drop Off: Safeway @ Cambie & 12th 2:00pm "The Way of Tea" with Kyoko Fleming 4:30pm Classic Movie: West Side Story 7:00pm Classic Movie: West Side Story	10:00am FIT with Lissette 4 10:00am Chair Yoga with Annette 11:15am Chair Yoga with Annette 12:30pm Piano Playing with Annette 1:15pm Sing-A-Long with Annette 5:30pm Candle Lighting & Cocktail Music	10:00am Ageless Chair Yoga - Community 5 11:15am Ageless Chair Yoga - Community 12:30pm Piano & Violin w/ Kayleen 3:00pm Cinco De Mayo Happy Hour with Francisco 3:30pm PERK Activities with Rosemary 4:30pm Evening Cinema: Loving Vincent 7:00pm Evening Cinema: Loving Vincent
	11:45am Zumba with Antonya - CANCELLED 6 2:00pm Peter's Students Musical Performance	10:30am CrossFun Core Conditioning - CANCELLED 7 11:15am Ageless Yoga w/ Annette 12:15pm Piano Playing by Annette 12:30pm OUTING: Kingsgate Mall 1:15pm Sing-A-Long with Annette 2:15pm Let's Talk About ? with Annette 4:30pm Evening Cinema: The Imitation Game 7:00pm Evening Cinema: The Imitation Game	9:45am Zumba with Antonya 8 10:30am Stretch with Lissette - CANCELLED 11:00am Piano Entertainment by Hoy Yip 11:15am Bus Drop Off/Pick-Up: London Drugs 6:00pm Hosted Dinner with Julie 7:00pm Bingo with the Chinatown Lioness Club	10:00am FIT with Lissette - CANCELLED 9 10:00am Chair Yoga with Annette 11:15am Chair Yoga with Annette 11:30am Piano Entertainment by Hoy Yip 12:30pm Tech Q&A with Brayden (sign-up required) 3:00pm Happy Hour & Hor d'oeuvres 7:30pm Bingo with Neovi	10:00am FIT with Lissette 10 10:30am Guided Meditation with Lissette 11:15am Bus Drop-Off/ Pick-up: Safeway at Oakridge 2:00pm Spanish for Beginners with Francisco 4:30pm Evening Cinema: Going in Style 7:00pm Evening Cinema: Going in Style	10:00am FIT with Lissette 11 10:00am Chair Yoga with Annette 11:15am Chair Yoga with Annette 12:30pm Piano Playing with Annette 1:15pm Sing-A-Long with Annette 5:30pm Candle Lighting & Cocktail Music
<b>Happy Mother's Day!</b> 13 11:45am Zumba with Lissette 5:00pm Mother's Day Buffet 6:00pm Classic Rock Musical Entertainment with R Friends	10:30am CrossFun Core Conditioning 14 11:15am Ageless Yoga w/ Annette 12:00pm OUTING: Tsawwassen Mills 12:15pm Piano Playing by Annette 1:15pm Sing-A-Long with Annette 2:15pm Let's Talk About ? with Annette 4:30pm Evening Cinema: Paddington 2 7:00pm Evening Cinema: Paddington 2	9:45am Zumba with Lissette 15 10:30am Stretch with Lissette 11:00am Piano Entertainment by Hoy Yip 11:15am Bus Drop Off/Pick-Up: Save-On-Foods @ 14th & Main 2:30pm Genesis & Science on the Origins of Humans	<b>Library Pick-Up/Drop-Off</b> 16 10:00am FIT with Lissette 10:00am Chair Yoga with Annette 11:15am Chair Yoga with Annette 11:30am Piano Entertainment by Hoy Yip 1:30pm Complimentary Testing with Connect Hearing 2:00pm Spanish for Beginners with Francisco 3:00pm Happy Hour & Hor d'oeuvres 7:30pm Bingo with Neovi	10:00am FIT with Lissette 17 10:00am Bus Drop Off: Safeway @ Cambie & 12th 10:30am Guided Meditation with Lissette 12:30pm Departure for VSO <b>2:00pm Staff Fire Drill</b> 4:30pm Classic Cinema: Scent of a Woman 7:00pm Classic Cinema: Scent of a Woman	10:00am FIT with Lissette 18 10:00am Chair Yoga with Annette 11:15am Chair Yoga with Annette 12:30pm Piano Playing with Annette 1:15pm Sing-A-Long with Annette 5:30pm Candle Lighting & Cocktail Music	10:00am Ageless Chair Yoga - Community 19 11:15am Ageless Chair Yoga - Community 12:30pm Piano & Violin with Kayleen 3:30pm PERK Activities with Rosemary 4:30pm Evening Cinema: Lady Bird 7:00pm Evening Cinema: Lady Bird
11:45am Zumba with Antonya 20	<b>Victoria Day - No Car Service</b> 21 10:30am CrossFun Core Conditioning - CANCELLED 11:15am Ageless Yoga w/ Annette 12:15pm Piano Playing by Annette 1:15pm Sing-A-Long with Annette 2:00pm Trinity Music Performance 2:15pm Let's Talk About ?Annette 4:30pm Evening Cinema: All the Money in the World 7:00pm Evening Cinema: All the Money in the World	9:45am Zumba with Antonya 22 10:30am Stretch with Lissette 11:00am Piano Entertainment by Hoy Yip 11:15am Bus Drop Off: Walmart 2:00pm Games with Brayden	10:00am FIT with Lissette 23 10:00am Chair Yoga with Annette 11:15am Chair Yoga with Annette 11:30am Piano Entertainment by Hoy Yip 2:00pm Monthly Resident Meeting w/ Management 3:00pm Happy Hour & Hor d'oeuvres 7:30pm Bingo with Neovi	10:00am FIT with Lissette 24 10:30am Guided Meditation with Lissette 11:15am Bus Drop-Off/ Pick-up: Safeway at Oakridge 2:00pm Spanish for Beginners with Francisco 4:30pm Classic Cinema: Gentlemen Prefer Blondes 7:00pm Classic Cinema: Gentlemen Prefer Blondes 7:30pm Evening Yoga w/ Julie C.	10:00am FIT with Lissette 25 10:00am Chair Yoga with Annette 11:15am Chair Yoga with Annette 12:30pm Piano Playing with Annette 1:15pm Sing-A-Long with Annette 5:30pm Candle Lighting & Cocktail Music	10:00am Ageless Chair Yoga - Community 26 11:15am Ageless Chair Yoga - Community 12:30pm Piano & Violin with Kayleen 3:30pm PERK Activities with Rosemary 4:30pm Evening Cinema: The Post 7:00pm Evening Cinema: The Post
Zumba with Antonya 27 11:45am	10:30am CrossFun Core Conditioning 28 11:15am Ageless Yoga w/ Bonnie 12:30pm OUTING: RiverRock Casino & Dim sum 4:30pm Evening Cinema: Wonder 7:00pm Evening Cinema: Wonder	9:45am Zumba with Antonya 29 10:30am Stretch with Lissette 11:00am Piano Entertainment by Hoy Yip 11:15am Bus Drop Off/Pick-Up: London Drugs	10:00am FIT with Lissette 30 10:00am Chair Yoga with Bill 11:15am Chair Yoga with Bill 11:30am Piano Entertainment by Hoy Yip 2:00pm Paint & Sip 3:00pm Happy Hour & Hor d'oeuvres 7:30pm Bingo with Neovi	10:00am FIT with Lissette 31 10:30am Guided Meditation with Lissette 11:15am Bus Drop Off: Safeway @ Cambie & 12th 2:00pm Spanish for Beginners with Francisco 4:30pm Classic Cinema: Blazing Saddles 7:00pm Classic Cinema: Blazing Saddles	