

Upcoming Events at Legacy

Thursday, May 3rd @ 2:00pm—"The Way of tea" with Kyoko
Saturday, May 5th @ 3:00pm—Cinco De Mayo Happy Hour
Sunday, May 6th @ 2:00pm—Peter's Students Performance
Monday, May 7th @ 12:30pm—Kingsgate Mall
Tuesday, May 8th @ 6:00pm—Hosted Dinner with Julie
Sunday, May 13 @ 5:00pm—Mother's Day Buffet
Monday, May 14th @ 12:00pm—Tsawwassen Mills
Wednesday, May 16th @ 1:30pm—Complimentary Testing
Thursday, May 17th @ 12:30pm—Departure for VSO
Monday, May 21st @ 2:00pm—Trinity Music Performance
Wednesday, May 23rd @ 2:00pm—Monthly Resident Meeting
Monday, May 28th @ 12:30pm—River Rock Casino
Wednesday, May 30th @ 2:00pm—Paint & Sip

Please join Kyoko Fleming on **Thursday May 3rd at 2:00pm** for a traditional Japanese Tea ceremony demonstration, also called the "Way of Tea". A Japanese cultural activity involving the ceremonial preparation and presentation of *matcha*, powdered green tea.



Compost bins have recently been added to every laundry room on each floor. Please follow the signs posted for the correct disposal of garbage and or recycling. Please be green and the universe will thank you!



A friendly reminder for those of the residents that have walkers to please remain on the bus until all the other passengers have disembarked before exiting and collecting your walkers. Thank you.

If you wish to join or renew your Vancouver Symphony Tea and Trumpets subscription for the 2018 season, please see Angel. Seats can only be held until **May 8th**.

Sign-up is required for Brayden's Tech Q&A on Wednesday May 9th. Please sign up at the concierge.

The start time for movies on Monday's has been changed to 4:30pm to align with the other movie times to avoid confusion.



A Conversation With Annette

On **Mondays at 2:15** we meet in the Arts & Crafts room for

'A CONVERSATION'.

Sometimes topics are suggested by those that attend and sometimes the topics are suggested by the conversation leader - Annette Wertman.

Topics have included:

forgiveness
loneliness
money
gossip
transitions
what matters in the end
friends
fear
challenges
jealousy

Whatever the topic - the discussions have been *very inspiring and motivating and educational!!*

Everyone is welcome.

Please join us!

Bring a topic *or not!!*



LEGACY INSIDER

Legacy Senior Living - The Leo Wertman Residence Newsletter

Volume 6 Issue 5 May 2018

SCAM ALERT

There are many fraud types, including new ones invented daily. Keep your personal financial information safe. Never provide your bank account or credit card numbers over the phone or internet. Below are the top 4 scams to watch out for:



1. Tech Support Scams: These types of scams can manifest themselves as "pop-ups" that appear on your computer screen and look like legitimate offers for computer service or help. They will seek remote access to your computer, they encourage you to install malware that might steal your personal information and data. If there's a high-pressure pitch to take urgent action, that's a red flag. If you get such a call, it is best to hang up and call the company yourself to verify the legitimacy of the call

2. Tax Scams: Criminals in Canada will sometimes send emails and or phone calls claiming they are from the Canada Revenue Agency and claim there is something wrong with your recent tax return. They will even threaten to contact police if you don't pay the fine. Public Safety Canada explains that CRA will not contact you via email if there is a problem with your return.

3. Ransomware: One of the most frightening forms of online fraud is ransomware, a type of software designed to block access to a computer system until a sum of money is paid. One of the best ways to prevent this from happening is to ensure your system has an up-to-date anti-virus system. Also, never open spam emails from unknown senders, do not download attachments from spam or suspicious emails, and avoid clicking on links in suspicious emails to help avoid these types of scams.

4. False Debt Collectors: False debt collection emails oftentimes comes as official looking documents and the one of the emails is threatening and urgent. Consider these tips to avoid these types of scams: Do not respond to these emails, open any attachments or click on any links. Delete those emails. If you're concerned about whether you owe money, contact any creditors directly to find out if they sent the emails.

It is important to recognize that fraud can happen to anyone, regardless of age, income, or life experience. If fraud happens to you, notify your financial institution immediately and call the police to make a report. Contact the Canadian Anti-Fraud Centre at 1-888-495-8501. Keep written records detailing the circumstances of the incident. Feel free to come by the concierge desk for more information on fraud prevention.



Francisco Villalobos

"Hola amigos! Family is very important in my culture and Cinco De Mayo is all about celebrating with loved ones. What a better way to do it than to share a bit about Mexico, it's history, the music, food and the language. Familia, please come join me and my hermana on **Saturday May 5th @ 2:00pm** in the lounge for this Mexican fiesta and learn how locals celebrate. I didn't ask to be Mexican, I just got lucky!"

- Francisco