

# ENJOYING MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	10:00am CrossFun Core Conditioning 1 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 12:45pm OUTING: Granville Island 1:15pm Sing-A-Long with Annette 4:00pm Evening Cinema: Hachi: A Dog's Tale 7:00pm Evening Cinema: Hachi: A Dog's Tale	10:00am Group Fitness with Ariel 2 11:00am Piano Entertainment by Hoy Yip 11:15am Bus Drop-Off: London Drugs 2:00pm Tech Q & A with Julie	10:00am FIT with Lissette 3 10:00am Yoga @ 10 with Annette 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 3:00pm Learn to Line Dance with Vivian 3:30pm Wii Sports 7:30pm Bingo with Neovi	10:00am FIT with Lissette 4 11:15am Bus Drop-Off/ Pick-up: Safeway @ Cambie & 12th 12:00pm <b>Voting for BC Election</b> 2:00pm Spanish for Beginners with Anabell 3:00pm Happy Hour (No Hor d'oeuvres today) 4:00pm Classic Movie: Citizen Kane 7:00pm Classic Movie: Citizen Kane	10:00am FIT with Lissette 5 10:00am Yoga @ 10 with Annette 11:15am Ageless Yoga with Annette 12:30pm Piano Playing with Annette 1:15pm Sing-A-Long with Annette 2:00pm Spanish for Beginners with Anabell 3:00pm Cinco De Mayo Happy Hour with Claude Duke 5:30pm Candle Lighting & Cocktail Music	10:00am Chair Yoga - Community 6 11:15am Ageless Yoga with Annette- Community 12:30pm Piano Playing by Annette 3:30pm PERK Activities with Rosemary 4:30pm Evening Cinema: The Grand Seduction 7:00pm Evening Cinema: The Grand Seduction	
10:00am Group Fitness with Ariel 7 3:30pm Wii Sports 4:00pm Zumba with Antonya 5:00pm Family Style Dinners 7:30pm Various Card Games	10:00am CrossFun Core Conditioning 8 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 12:45pm OUTING: Walmart in Richmond 1:15pm Sing-A-Long with Annette 4:00pm Evening Cinema: Gran Torino 7:00pm Evening Cinema: Gran Torino	10:00am Group Fitness with Ariel 9 11:00am Piano Entertainment by Hoy Yip 11:15am Bus Drop-Off/ Pick-up: City Market at 16th & Arbutus 2:00pm Learn about Guided Meditation with Lissette 7:00pm Bingo with the Chinatown Lioness Group	10:00am FIT with Lissette 10 10:00am Yoga @ 10 with Annette 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 3:00pm Learn to Line Dance with Vivian 3:30pm Wii Sports 7:30pm Bingo with Neovi	10:00am FIT with Lissette 11 11:15am Bus Drop-Off/ Pick-up: Safeway at Oakridge 2:00pm Spanish for Beginners with Anabell 3:00pm Happy Hour & Hor d'oeuvres 4:00pm Classic Movie: Driving Miss Daisy 7:00pm Classic Movie: Driving Miss Daisy	10:00am FIT with Lissette 12 10:00am Yoga @ 10 with Annette 11:15am Ageless Yoga with Annette 12:30pm Piano Playing with Annette 1:15pm Sing-A-Long with Annette 2:30pm Current Events with Chadwick 5:30pm Candle Lighting & Cocktail Music	10:00am Chair Yoga - Community 13 11:15am Ageless Yoga with Connie- Community 3:30pm PERK Activities with Rosemary 4:30pm Evening Cinema: Boy 7:00pm Evening Cinema: Boy	
<b>Happy Mother's Day</b> 14 3:30pm Wii Sports 4:00pm Zumba with Antonya 5:00pm Mother's Day Dinner Buffet 5:30pm Musical Entertainment by Triskellion 7:30pm Various Card Games	11:15am Ageless Yoga with Annette 15 12:15pm Piano Playing by Annette 12:45pm OUTING: RiverRock Casino & Dim Sum 1:15pm Sing-A-Long with Annette 4:00pm Evening Cinema: Chef 7:00pm Evening Cinema: Chef	10:00am Guided Meditation with Lissette 16 11:00am Piano Entertainment by Hoy Yip 11:15am Bus Drop Off: Save-On-Foods @ 14th and Main 2:30pm Learn to Play Poker with Guillaume	<b>Library Pick-up/Drop-off</b> 17 10:00am FIT with Lissette 10:00am Yoga @ 10 with Annette 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 3:00pm Learn to Line Dance with Vivian 3:30pm Wii Sports 7:30pm Bingo with Neovi	10:00am FIT with Lissette 18 11:15am Bus Drop-Off/ Pick-up: Safeway @ Cambie & 12th 2:00pm Spanish for Beginners with Anabell 3:00pm Happy Hour & Hor d'oeuvres 4:00pm Classic Movie: Singing in the Rain 7:00pm Classic Movie: Singing in the Rain	<b>NO FIT WITH LISSETTE TODAY</b> 19 10:00am Yoga @ 10 with Annette 11:15am Ageless Yoga with Annette 12:30pm Piano Playing with Annette 1:15pm Sing-A-Long with Annette 5:30pm Candle Lighting & Cocktail Music	<b>STAFF FIRE DRILL AT 2:30PM</b> 20 10:00am Chair Yoga - Community 11:15am Ageless Yoga with Annette- Community 12:30pm Piano Playing by Annette 3:30pm PERK Activities with Rosemary 4:30pm Evening Cinema: Searching for Bobby Fischer 7:00pm Evening Cinema: Searching for Bobby Fischer	
3:30pm Wii Sports 21 4:00pm Zumba with Antonya 5:00pm Family Style Dinners 7:30pm Various Card Games	<b>Victoria Day - No Car Service</b> 22 10:00am CrossFun Core Conditioning 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 1:15pm Sing-A-Long with Annette 4:00pm Evening Cinema: Sideways 7:00pm Evening Cinema: Sideways	10:00am CrossFun Strength Training with Julie 23 11:00am Piano Entertainment by Hoy Yip 6:00pm Hosted Dinner with Barbara Arseneault	10:00am FIT with Lissette 24 10:00am Yoga @ 10 with Annette 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 2:00pm Fireside Chat with Management 3:00pm Learn to Line Dance with Vivian 3:30pm Wii Sports 7:30pm Bingo with Neovi	10:00am FIT with Lissette 25 10:00am Bus Drop Off/ Pick-up: Safeway @ Oakridge 11:00am Carda's Fashion Display 12:30pm REMINDER: Bus Drop off for VSO 2:00pm Spanish for Beginners with Anabell 3:00pm Happy Hour & Hor d'oeuvres 4:00pm Classic Movie: Grumpy Old Men 7:00pm Classic Movie: Grumpy Old Men	10:00am FIT with Lissette 26 10:00am Yoga @ 10 with Annette 11:15am Ageless Yoga with Annette 12:30pm Piano Playing with Annette 1:15pm Sing-A-Long with Annette 2:00pm Spanish for Beginners with Anabell 5:30pm Candle Lighting & Cocktail Music	10:00am Chair Yoga - Community 27 11:15am Ageless Yoga with Annette- Community 2:00pm Year End Student Piano Recital with Annette 3:30pm PERK Activities with Rosemary 4:30pm Evening Cinema: Secretariat 7:00pm Evening Cinema: Secretariat	
3:30pm Wii Sports 28 4:00pm Zumba with Antonya 5:00pm Family Style Dinners 7:30pm Various Card Games	10:00am CrossFun Core Conditioning 29 11:15am Ageless Yoga with Annette 12:15pm Piano Playing by Annette 12:45pm OUTING: Historical Tour of Chinatown and Gastown with Mick 1:15pm Sing-A-Long with Annette 4:00pm Evening Cinema: The Young Victoria	10:00am Guided Meditation with Lissette 30 11:00am Piano Entertainment by Hoy Yip 11:15am Bus Drop-Off/ Pick-up: London Drugs 2:30pm Wine Education with Guillaume	10:00am FIT with Lissette 31 10:00am Yoga @ 10 with Annette 11:15am Ageless Yoga with Annette 12:00pm Piano Entertainment by Hoy Yip 3:00pm Learn to Line Dance with Vivian 3:30pm Wii Sports 7:30pm Bingo with Neovi				

