

## Upcoming Events at Legacy

**Sunday, Jul. 1<sup>st</sup> @ 11:30am**—Canada Day BBQ Lunch  
**Sunday, Jul 1<sup>st</sup> @ 3:30pm**—RazzMaJazz Entertainment  
**Sunday, Jul. 1<sup>st</sup> @ 5:00pm**— Canada Day BBQ Dinner  
**Wednesday, Jul. 4<sup>th</sup> @ 11:00am**—Euro Designs  
**Thursday, Jul. 5 @ 11:00am**—Advanced Medical Walker Care  
**Saturday, Jul 17<sup>th</sup> @ 3:00pm**—Coco's Wedding Happy Hour  
**Monday, Jul. 9** —OUTING: RiverRock Casino & Dim Sum  
**Wednesday, Jul. 11<sup>th</sup> @ 2:00pm**— Games with Brayden  
**Monday, Jul 19<sup>th</sup> @ 12:30pm** — OUTING: Granville Island  
**Monday, Jul 23<sup>rd</sup> @ 12:30pm**— Farmers Market  
**Monday, Jul 23<sup>rd</sup> @ 2:15pm**— Staff Fire Drill  
**Wednesday, Jul 25<sup>th</sup> @ 2:00pm**—Monthly Resident Meeting  
**Monday, Jul 30<sup>th</sup> @ 12:30pm**—OUTING: Buddhist Temple

With the popularity of Zumba with Antonya growing, we have added an additional class to the week! On **Friday's at 11:00am**, Antonya can be found in the fitness centre. If you haven't already, definitely check out her class.

In today's day, an age of Science and Technology, the world has taken a giant leap forward. TED Talks are short 20-30 minute lectures that are presented by influential speakers under the slogan "ideas worth spreading". Please join us on **Fridays at 2:00pm** in the theatre for intriguing educational topics!

The Metropolitan Opera is a vibrant home for the most creative and talented singers, conductors, composers, musicians, and many more; located in New York. Twice a month we will be bringing the Met to Legacy! Please join us in the theatre for screenings of their very own collection of shows.

The Metropolitan Opera

On Sunday evenings, the TV series "Alias Grace" will be played in the theatre. It will be an episode a week on Sunday evenings; if you find yourself missing an episode, don't worry, we can always help you catch up by putting it on a different day.

Advanced Medical Healthcare Equipment will be coming to Legacy on **Thursday July 5<sup>th</sup> from 11:00am-2:00pm**. They will be in the Business Centre available for any questions or assistance regarding your walkers. Feel free to drop by!

Tena@Home will be coming to Legacy on **Tuesday July 10<sup>th</sup> from 2:30pm-4:30pm**. The Tena@Home program and ClassMed can provide you with the ability to receive incontinence products conveniently and discreetly. Please see insert for more information.

A big thank you to all the residents that generously donated towards bringing back Concerts in Care presented by the Health Arts Society. They will be returning in September for a 10 session concert series. Don't miss out on their amazing performers!

Concerts in Care  
Presented by Health Arts Society



When I first started at Legacy back in December of 2015 I didn't have any family in Vancouver. The last 3 and a half years has changed all that. I have met so many wonderful people, I have met life-long friends as well as a whole bunch of Grandma's and Grandpa's. Everyone has made Vancouver feel like home. I hope on **Saturday July 7<sup>th</sup> at 3:00pm** in the lounge, you can join me and my newly wedded husband David for drinks, appys and most importantly of all, pictures!! I would love to share this special day with my Legacy family.

Love,  
Coco

Legacy  
SENIOR LIVING

# LEGACY INSIDER

Legacy Senior Living - The Leo Wertman Residence Newsletter

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## Happy 151st Canada!

O Canada!  
Our home and native land!  
True patriot love in all of us command.  
With glowing hearts we see thee rise,  
The True North strong and free!  
From far and wide,  
O Canada, we stand on guard for thee.  
God keep our land glorious and free!  
O Canada, we stand on guard for thee.  
O Canada, we stand on guard for thee.

We will be kicking off Canada day on **Sunday July 1<sup>st</sup>** with a lunch BBQ from **11:30am—2:00pm** (Adult Guests: \$18) Followed by entertainment at **3:30pm** by the RazzMaJazz Duo, featuring traditional jazz and music from the 20's, 30's and 40's. At **5:00pm** we will be starting our second BBQ buffet (Adult Guests: \$38) of the day. Let's celebrate Canada Day together by enjoying great food and dancing!

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Starting in July we will be having a weekly BBQ with Rob on **Fridays from 11:30am—2:00pm**. Staff is encouraged to join in on this BBQ. This could be a great way for both the residents and the staff to get to know each other in a different surrounding. If you are under meal plan A, there will be a \$5 charge if you're planning to attend both BBQ and Dinner.

Please make sure to sign-up at the concierge desk to ensure seating. Let's get ready for a summer full of BBQ's, food, and music!



Robert Cleland

Starting in **July, every Saturday evening at 7:00pm** we will be having a Twilight Dinner on our patio, that will showcase our creative tasting menu presented by our kitchen. The price per resident is \$25.00 on top of each residents current meal plan. It will be a maximum of 12 people and it is designed to train and mentor our restaurant staff. Please make sure you sign-up at the concierge as seating is limited.

Rob Cleland